



Letter from the EFAS President

The 5th EFAS Congress, which was held this year in Montpellier, France, was most successful. With pleasure I would like to take this opportunity to thank Patrice Diebold, the EFAS Scientific Committee and the Local Organizing Committee with Francois Bonnel and Joseph Ascencio as their representatives, for planning and organizing this scientific event in such a beautiful city. We really enjoyed Montpellier!

The continual improvement of the scientific program and delighting rise in numbers of participants is the foundation for constant stability and growth of our Society. Guarantor for this stability in recent years has been Patrice Diebold. It is an honour for me to thank him and his Council members for their tremendous work. Michael Stephans from Ireland (Past President 2000-2002), Secretary Hans Jörg Trnka from Austria, the Treasurer Jesus Vila Y Rico from Spain and Paul Benamou from France are the Council members who stepped down this year. They have been following their aim to improve the

standard of EFAS and the development of Foot and Ankle Surgery in Europe by carrying out ideas beneficial to its development.

New Council Members who were elected in Montpellier are Christine Th  mar No  l from France, Ren  e Fuhrman from Germany and Bruno Magnan from Italy. Officers are Ian Winson (President Elect), Patrice Diebold (Past President), Jan Louwerens (Secretary) and Marino Delmi (Treasurer). As new President of EFAS I congratulate and welcome them in our team and am pleased that they will be joining us to form the future of our Society. You will be provided with a personal introduction to these new members in the current and upcoming editions of this newsletter.

From my side, I am sure that the Council, consisting of young and willing members, will be able to develop our society in a good sense. As President it is a great honour and pleasure for me to be in charge, together with them, to represent all members of our National Societies and Individuals equally.

There will be a lot of new tasks we have to deal with. To further consolidate EFAS one of our aims



and main interests will be to open up our international view and welcome the "new EU member states" to join EFAS, asking them to establish National Societies where appropriate, or to join as Individual Members. The first steps towards this direction are completed and we hope to continue the process (see "Europe goes East" inside). So far, the first decision of the new Council was to organize the 6th EFAS International Congress in Prague, the capital of the Czech Republic in 2006.

Prof. Dr. Hans-Heino K  STER

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2004

AEMCP Proximal Congress

24th - 26th June 2004, Port of Santa María - Cádiz, Spain

Contact: F. Mera, Congress Chairman
<http://www.torrespardo.com>

6th European Foot and Ankle Society Instructional Course

17th - 18th September 2004, Heidelberg, Germany

Contact: efas@eventplus.ie
 Tel: 00353 1 230 2591
 Fax: 00353 1 230 2594

Swiss Foot and Ankle Society (SFAS) and Swiss Sports Medicine Society (SGSM) Congress

14th-16th October 2004, Locarno, Switzerland

Contact: barbara.buehlmann@bbscongress.ch
 Tel. + 41 31 331 82 75
 Fax + 41 31 332 98 79

68. Jahrestagung der Deutschen Gesellschaft für Unfallchirurgie

19th - 22nd October 2004, Berlin, Germany

Contact: <http://www.dgu2004.de>

Annual Congress of the German Society of Orthopaedics and Orthopaedic Surgery

21st - 24th October 2004, Berlin, Germany

Contact email:
RenateSchindele@ok.uni-heidelberg.de
info@intercongress.de

3rd Congress of the Asian Federation of Foot and Ankle Societies (5th Asian Symposium of Foot Surgery)

1st - 4th December 2004, Mandaluyong City, Philippines
 In cooperation with: 55th Annual Congress of the Philippine Orthopaedic Association (POA), Annual meeting of the Philippine Orthopaedic Foot and Ankle Society (POFAS), Annual meeting of the Pediatric Orthopaedic Society of the Philippines (POSP) .

Contact: Secretariat Futurelink Plaza Condominium, 12 Panay Avenue, Suite 810 Quezon City Philippines, Tel. (+632) 410.1331
 Fax (+632) 410.1283
 Email: poa@i-next.net
 Web: <http://www.philortho.org>

SFMCP Winter Meeting, Société Française Chirurgie du Pied

4th-5th December 2004, Paris, France

Contact: <http://sfmcp.free.fr>

2005

7th European Foot and Ankle Society Instructional Course

6th-7th May 2005, Copenhagen, Denmark.

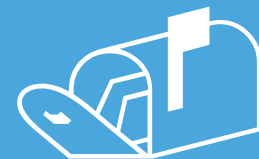
Contact:
efas@eventplus.ie
 Tel: 00353 1 230 2591
 Fax: 00353 1 230 2594

International Federation of Foot and Ankle Societies (IFFAS), Triennial Meeting

Joint Meeting of Asian-South American-European-North American Federations.

14th -18th September 2005, Royal Continental Hotel, Naples, Italy

Contact:
IFFAS-2005@oic.it
 Tel: 0039 055 50351



Have you changed your address or contact details? Please inform the EFAS Secretariat if you change your practice or moved house
efas@eventplus.ie

REPORT ON 5TH EFAS CONGRESS

Montpellier, 29th April-1st May 2004

Warm weather, good food and wine, and an opportunity to share thoughts on foot and ankle surgery with colleagues from all over Europe. The problem can be putting a program together with sufficient interest to prevent mass defections of delegates to the sights and cafes; little did I know that our French colleagues had cleverly arranged for it to rain, neatly starting the moment the meeting started and finishing in sunshine on the Saturday morning

For the Scientific Programme we had submissions of over 160



papers and with the limits of space on the program this meant we had to offer space for 90 posters. The standard of abstracts was excellent overall and as a consequence the subsequent presentations were varied and interesting.

The use of the symposia to provide a discussion base for areas of controversy proved yet again to be effective in sparking discussion and it was perhaps a measure of the meeting as whole that the seeming gentle and uncontroversial subject of lesser toe surgery, in the very first symposia, led to a debate of length. One of the underlying themes of the meeting seemed to be how we can plan, measure, and document our surgery in order to produce more consistent results. This led us through the application of biomechanical



models, using computer planning and as an aid to documentation, and on to the difficult area of patient scores. It was therefore appropriate that one of the most memorable presentations was in the form of a Keynote address by our guest speaker, Dr. Jim Brodsky, on Outpatient Surgery - Risks and Benefits. With great wit Jim pointed out the potential and pitfalls of this form of delivery of care. It illustrated that in an environment where politicians (and Insurance Agencies) seek to reduce the costs of health care that discussion throughout Europe (and indeed the world!) allows us to make use of the good, while controlling the worst of these plans.

Throughout the meeting there were high quality presentations on all aspects of foot and ankle surgery. If there was a disappointment it was, perhaps, the limited number of basic science papers.

Ultimately the prize for the best paper went to a very practical and important look at what we (and our patients) can



reasonably expect from revision hallux valgus surgery from Gruber et al. The prize for best poster was awarded to a paper looking at a validation of a scoring system in foot surgery. Many of delegates spotted the rogue shoulder poster, this was, of course, put in to check that the posters were being read!

Combined with a social programme which included a fascinating visit to the Anatomy Museum of the Faculty of Medicine organised by Prof. François Bonnel and Dr. Joe



Ascencio's organisation of a tasting of wines of the Languedoc Region in a traditional Camargue farmhouse the congress was a wonderful experience.

And so next to Heidelberg for the Instructional Course which will try to explore areas of difficulty and will be suitable for all those seeking training and those seeking to renew their thoughts in foot and ankle surgery.

Ian G. Winson FRCS
President-Elect

6TH EFAS INSTRUCTIONAL COURSE

Heidelberg, Germany, 17th-18th September 2004



The 6th EFAS Instructional Course will take place in the beautiful town of Heidelberg in Germany and in the impressive environs of the Communications Centre of the German Cancer Research Centre in Heidelberg. The Course Programme will be available on the EFAS Website www.efas.co.uk. Heidelberg is one of Germany's busiest tourist towns so for that reason this year hotel accommodation must be booked directly through the Convention Bureau www.cvb-heidelberg.de/. The Course Registration Form and a separate Hotel Booking Form are available on the EFAS website.

This Advanced Instructional Course will take place over 2 days with the addition this year of a Masterclass Symposium presented by Patrice Diebold (France), Lowell Weil (Germany), Peter Woods (UK) and Leo Döderlein (Germany) covering Hallux Valgus Surgery, Forefoot Deformities, Ankle Arthroplasty and Tendon Transfers.

Other topics on the Course include:

Forefoot (Hallux/Hammer Toes/Arthroplasty)
Hindfoot Reconstruction (Osteotomy/Arthrodesis)
Sports Traumatology (Achilles Tendon/Stress Fractures)
Arthroscopy for the Foot and Ankle
Foot Trauma (Ankle/Calcaneus)
Cartilage Reconstruction (ACT/Mikrofraktur/OATS)

Invited speakers are:

Marino Delmi
Patrice Diebold
Leo Döderlein
Daniel Frank
Renée Fuhrmann
Sandro Giannini
Beat Hintermann
Heino Küster
Jörg Jerosch
Martinus Richter
Pascal Rippstein
Hajo Thermann
Brian Thornes
Lowell Weil
Ian Winson
Peter Wood

EFAS Sponsorship Club

The EFAS Sponsorship Club was officially launched at the 5th EFAS Congress in Montpellier. The Sponsorship Club aims to develop a long-term, mutually beneficial relationship between the society and its sponsors in order to continue the EFAS commitment to the continuing education of its members and the development of foot and ankle orthopaedic medicine.

During the 5th EFAS Congress in Montpellier the first contracts of the EFAS Sponsorship Club were signed. EFAS is very grateful to De Puy International and Newdeal for their support in becoming the first Gold Club Sponsors of EFAS for the next 3 years. Jonathan Hodgson, De Puy and Eric Fourcault, Newdeal formally attended an official signing of the contract on the final day of the congress.



(Photo L to R) E. Foucault (Newdeal), P. Diebold (President '03-'04), J. Hodgson (DePuy), H.H. Küster,

2004/2005

EFAS COUNCIL 2004/2005

OFFICERS:

President: Prof. Dr. med Hans-Heino Küster (Germany)

President Elect: Mr. Ian Winson (UK)

Immediate Past President: Dr. Patrice Diebold (France)

Treasurer: Dr. med Marino Delmi (Switzerland)

Secretary: Dr. med Jan Louwerens (The Netherlands)



COUNCIL MEMBERS:

Mathieu Ragusa (France)

Christine Themar Noel (France)

Bruno Magnan (Italy)

Renee Fuhrmann (Germany)

Patrick Laing (UK)

Hakon Kofoed (Denmark)

Beat Hintermann (Switzerland)

Antonio Volpe (Italy)

Eleftherios Dounis (Greece)

Sandro Giannini (Italy)

Hajo Themann (Germany)

Antonio Viladot (Spain)

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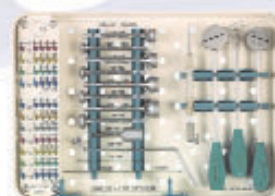


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7TH EFAS INSTRUCTIONAL COURSE

Copenhagen, 6th-7th May 2005

The 7th EFAS Instructional Course will take place on 6th and 7th May 2005 in Copenhagen, Denmark, the oldest monarchy in the world. The course will offer instruction to orthopaedic surgeons from all over Europe and we hope that in 2005 we will have increased participation by our colleagues from Eastern Europe.

Copenhagen is an interesting city with a population of 1.7 million. All the major airlines fly into Kastrup airport which is 10 km from the center and which is connected by direct train. It is also possible to travel to Copenhagen by ferry from Poland, Germany, UK and Scandinavia.

The weather in Copenhagen in May is usually sunny with temperatures of about 20 degrees Celsius. The 5th of May 2005 is a bank holiday, so for those who would like to extend their stay in Copenhagen there is a lot on offer with the lovely harbour and the canals, the little mermaid, the parks and the beaches along with several museums. Copenhagen is also the jazz city of Europe with many famous clubs.

With its safe pedestrian streets the people of Copenhagen enjoy eating and drinking 'al fresco' in "Nyhavn" (16th century New Harbour). Good humour and a relaxed



life is essential, and once you have been to Copenhagen we know you will return for more.

I look forward to meeting you in Copenhagen in 2005!

Hakon Kofoed
(Local Host)

WHEN YOU LEAD THE WAY, YOU DEVELOP QUITE A FOLLOWING

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EUROPE GOES EAST!

1st German-Czech Foot Congress



With the current expansion of the European Union, scientific societies will also orientate themselves towards Eastern Europe and develop new contacts. EFAS will continue to enlist existing Foot Societies as new members and will increasingly focus on assisting the foundation of new foot societies in Eastern Europe. The first steps were taken in February this year at the 1st German-Czech Foot Congress in the Ceske University Hospital. With participation of over 200 and a considerable industrial exhibition there is no doubt that a great interest exists within the Czech Republic in Foot Surgery. The hospitality of our hosts Dozent Dr. Jiri Stehlic and his colleague Dr. Filip, the location in a city of great tradition and world famous beer - Budweiser and a very well organised scientific programme by Dr. Thomas and Dr. Spurek from Augsburg combined to make an excellent meeting.

The presence of Prof. Dr. Krbec from Brunn and the Past-President of the Czech Society of Orthopaedic and Traumatologie

Prof. Dr. Cech from Prague emphasized the importance of the meeting. The programme included presentations by Dr. D. Frank, Dr. R. Fuhrmann, Prof. J. Jerosch, Prof. J. Hamel and Dr. H. Schwer.

The response to this meeting was amazing and the desire to repeat this meeting in the Czech Republic periodically was expressed in many discussions. The Czech representatives expressed their intention to found a new Czech Foot and Ankle Society in the near future and EFAS has pledged to assist them and also any other Foot and Ankle societies from other new Eastern European Countries to enter our Society as new members.

Hans-Heino Küster

ON THE MOVE

www.efas.co.uk

NEW COUNCIL MEMBERS

An introduction to new members of EFAS Council who are working on behalf of EFAS members



Renée Andrea Fuhrmann, MD, PhD

Education:

1984:

Medical degree, University of Essen (Germany)

1986:

Dissertation (Dr.med.) "Long-term follow-up after elbow dislocations"

2004:

Habilitation (Privat Dozent) "Microstructural and molecular changes after reattachment of the supraspinatus tendon in rabbits"

Postgraduate Training:

1984 - 1986:

Fellowship, dept. of trauma surgery, University of Essen

1986 - 1991:

Fellowship, dept. orthopaedic surgery, University of Essen

1990:

Consultant of Orthopaedic surgery

1991 - 1992:

Head of the dept. for hand surgery and foot surgery at the Orthopaedic department, University of Essen

1992:

Consultant of rheumatology

1993:

Consultant of Orthopaedic surgery at the University of Jena, Rudolf Elle Hospital, Eisenberg, Head of the department for Hand surgery and Foot surgery at the Orthopaedic department¹

1995:

Consultant of hand surgery

since 1996:

Council member of the German Foot and Ankle Society

since 1999:

Council member of the Association for Orthopaedic Rheumatology

1. Jena and Eisenberg (Thuringen) are located in central Germany. Until 1989 they belonged to the eastern counties. Jena and especially Weimar, which can be reached within 30 minutes by car, have a huge cultural tradition. Goethe and Schiller, who stayed there for several years, exerted strange influence. A lot of well restored buildings and museums portray their emphasis on humanistic progress. The Rudolf-Elle-Hospital in Eisenberg is the university hospital of Jena (head of the department: R.Venbrocks, MD, PhD). As one of the largest orthopaedic surgery facilities (250 beds) we cover different specialties. Within the department of hand and foot surgery four consultants and three fellows are mainly engaged with surgical treatment of disorders in hands and feet. During the last year we carried out 800 operations (forefoot and hindfoot reconstruction, neurovascular surgery, diabetic foot syndrome, endoprosthesis of the MTP and ankle). With the help of our own research department located within the hospital we perform microstructural and molecular research on the musculoskeletal apparatus. Attributed to the foot we are now working on microstructural changes of the tibialis posterior tendon.



The EFAS Website contains a Private Members Service which can only be accessed using a password and is not open to the public. The purpose of this service is to give EFAS members a private forum for discussing their work, issues affecting this orthopedic specialty, and any other important information with other members. Previously this Service was available to Individual Members only, however Council has taken a decision to open it to all members. To gain access to the service members should contact the Secretariat to be given their password.