



12th EFAS Instructional Course **Re-scheduled dates due** **to Volcanic Ash Disruption**

NEW DATES: 25th – 26th June 2010

NEW VENUE: Conrad Dublin Hotel

Earlsfort Terrace, Dublin 2, Ireland

- 1.5 day intensive course
- 9 European CME Credits –
- European Accreditation Council for Continuing Medical Education (EACCME)
 - Gold standard Foot and Ankle Instruction
- by Leading European Foot and Ankle Surgeons
 - Industry Workshops
 - Social Evening

REGISTER ONLINE WWW.EFAS.CO.UK

Contact: EFAS Secretariat,

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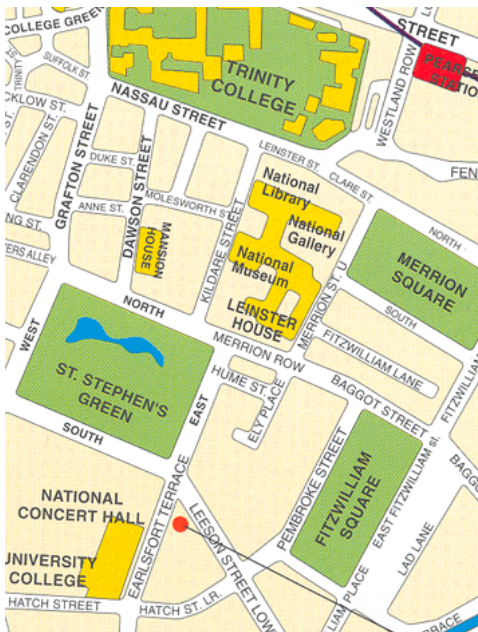
The Conrad Dublin luxury hotel is located in the centre of Dublin city on the perimeter of St. Stephens Green and is minutes walking across St. Stephens Green to Dublins most fashionable shopping street; Grafton Street.



For visitors interested in cultural activities, Trinity College, The National Art Gallery, The National Museum and Georgian Dublin are in the immediate vicinity of the hotel and the hotel is located opposite the Georgian façade of the National Concert Hall.

The Conrad Dublin Hotel (Hilton) is close to public bus transport, shopping, restaurants, bars, hop-on hop-off tour buses and it is an excellent base in the city centre.

More Detailed Map of area around Earlsfort Terrace /Conrad Hotel.



Airport access: Participants can use the Aircoach service to/from Dublin Airport and the closest stop to the hotel is Trinity College Dublin/Grafton Street stop.

Taxi: A taxi from the airport takes c. 30 minutes and costs c. €30. Please agree the rate with the driver at the



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PROGRAMME

FRIDAY 25th JUNE 2010

- 07.30-08.30 Registration
08.30-08.45 Welcome Address
Hakon Kofoed, EFAS President
Michael Stephens, Local Chairman
- 08:45-09:15 SESSION I - GENERAL FOOT AND ANKLE**
- 08.45-9.15 Function and Examination of the Foot and Ankle
M. Stephens, Ireland
- 09.15-13.30 SESSION II - FOREFOOT**
- 09.15-10.40 **First Ray Pathology: Hallux Valgus**
- 09.15- 9.25 'What would you advise?' Cases concerning only Hallux Valgus
5 cases: HV adolescent without sublux, moderate HV with sublux, severe HV with MTP 1
arthrosis, Juvenile HV, HV with problems of the lesser rays
F. Faber, Netherlands
- 09.25-09.35 Pathophysiology and Etiology of Hallux Valgus
G. Rougereau, France
- 09.35-9.50 Algorithm of treatment of Hallux Valgus (including conservative treatment)
A. Wilson, N. Ireland
- 09.50-10.00 Technique: distal osteotomy (Chevron, Akin)
Y. Tourné, France
- 10.00 - 10.05 Technique : distal soft tissue procedure
A. Wilson, UK
- 10.05-10.15 Technique: proximal osteotomies (scarf, proximal osteotomy MTI)
P. Kelly, Ireland
- 10.15-10.30 Overall: Results and Complications and how to prevent complications
A. Sakellariou, UK
- 10.30-10.50 Discussion
10.50-11.25 *Coffee and Exhibition*
- 11.25-12.30 Lesser Ray Pathology**
- 11.25-11.35 Functional anatomy
I. Winson, UK
- 11.35-11.45 Causes of metatarsalgia (Including conservative treatment)
A. Sakellariou, UK
- 11.45-11.50 Correction of lesser toe deformities
P. Kelly, Ireland
- 11.50-11.55 Technique: Soft tissue procedures and PIP resection/fusion
M. Stephens, Ireland

- 11.55-12.00 Metatarsal osteotomies
Y. Tourné, France
- 12.00-12.05 Technique: Weil Osteotomy.
Y. Tourné, France
- 12.05-13.45 First Ray Pathology: Hallux rigidus**
- 12.05-12.15 Pathophysiology and algorithm of treatment (including conservative treatment, resection arthroplasty, osteotomies, and prosthesis)
G. Rougereau, France
- 12.15-12.20 Technique: Cheilectomy
F. Faber, Netherlands
- 12.20-12.30** Technique: Fusion
M. Stephens, Ireland
- 12.30-12.40 Results and Complications and how to prevent complications
I. Winson, UK
- 12.40-13.45 Cases shown during intake, now presented again. Discussion
F. Faber, Netherlands
- 13:45-14:45 Lunch and Exhibition**
- 14.45-17.40 SESSION III - HINDFOOT AND ANKLE**
- Degenerative Hindfoot and Ankle Pathology**
- 14.45-15.15 Pathophysiology and treatment algorithm (including conservative treatment)
A. Wilson, N. Ireland
- 15.15-15.30 Technique: Subtalar Arthrodesis and Triple Arthrodesis
M. Stephens, Ireland
- 15.30-15.45 Technique: Ankle Arthrodesis (open and Arthroscopic)
I. Winson, UK
- 15.45-16.00 Discussion
16.00-16.30 Coffee break and Exhibition
- 16.30-17.05 Degenerative flat foot**
- 16.30-16.50 Pathophysiology and treatment algorithm of degenerative flat foot (Including conservative treatment)
S. Kearns, Ireland
- 16.50-17.05 Technique: Osteotomies (sliding OT, calcaneal lengthening) and tendon transfers (FDL)
A. Wilson, N. Ireland
- 17.05-17.15 Discussion
- 17.15-18.00 SESSION IV - NERVE PATHOLOGY**
- 17.15-17.25 Morton Neuroma
A. Sakellariou, UK
- 17.25-17.50 Nerve entrapment and injury in the foot
S. Kearns, Ireland
- 17.50-18.00 Discussion
19:00 *EFAS Dinner*

SATURDAY 26th JUNE 2010

08:30- 11:50 SESSION V - SPORTS MEDICINE

08:30- 09:50 Ankle disorders

08.30-08.40 Acute supination trauma
F. Faber, Netherlands

08.40-09.00 Chronic ankle/hindfoot instability (assessment, conservative treatment) and operative treatment Ankle Instability (indications, results, complications)
Y. Tourné, France

09.00-09.05 Technique: anatomic repair
P. Kelly, Ireland

09.05-09.15 Ankle impingement (assessment, ant/post, algorithm)
I. Winson, UK

09.15-09.25 OCD Lesions (classification, algorithm of treatment)
A. Sakellariou, UK

09.25-09.40 Technique ankle arthroscopy: treatment impingement, removal of spur, OCD lesion (microfracturing)
S. Kearns, Ireland

09.40-09.50 Discussion
09.50-10.20 *Coffee Break and Exhibition*

10.20-11.30 Tendon, degenerative and sports pathologies

10.20-10.35 Acute Achilles tendon rupture: Repair/conservative treatment
Y. Tourné, France

10.35-10.45 Technique: Repair of acute rupture of Achilles tendon, percutaneous and open
M. Stephens, Ireland

10.45-11.00 Achilles tendon: (peri) tendonitis, tendinosis, Haglund exostosis (pathophysiology, surgical and conservative treatment)
A. Wilson , N. Ireland

11.00-11.05 Technique: Insertional tendinitis treatment / Haglund exostosis
G. Rougereau, France

11.05-11.20 Peroneal tendon Pathologies and treatment (Saltans and split)
S. Kearns, Ireland

11.20-11.30 Discussion
11.30-11.50 Break

11:50-13.15 SESSION VI - TRAUMA SESSION

11.50-12.00 Principles of management of foot and ankle fractures
I. Winson, UK

12.00-12.15 Ankle fractures
Y. Tourné, France

12.15- 12.25 Lisfranc fractures (assessment, treatment)
A.Sakellariou, UK

12.25- 12.35 Calcaneal fractures (principles of management)
X. Martin, Spain

- 12.35- 12.50 Paediatric foot and ankle fractures
P. Kelly, Ireland
- 12.50- 13.00 Compartment syndrome (assessment, management)
G. Rougereau, France
- 13.00 -13.10 Discussion
- 13.10 - 13.15 8th EFAS Congress 2nd-4th September 2010 Geneva Switzerland
13.10 - 13.15 13th EFAS Instructional Course, 15th-16th April 2011, Vilnius, Lithuania
13.15 - 13:20 Meeting Close followed by Light Lunch & Depart