



**14th EFAS Instructional Course
Hilton Vienna, Danube
Vienna, Austria
20th -21st April 2012**

PROGRAMME

FRIDAY 20 APRIL 2012

07.30-08.30 08.30-08.45	Registration Welcome Address <i>J.W. Louwerens, EFAS President</i> <i>P. Bock, Local Host</i>
08:45-09:15 08.45-9.15	SESSION I - GENERAL FOOT AND ANKLE Function and Examination of the Foot and Ankle S. Parsons
09.15-13.30 09.15-10.40 09.15- 9.25	SESSION II - FOREFOOT First Ray Pathology: Hallux Valgus 'What would you advise?' P. Bock
09.25-09.35	Etiology, pathophysiology and assessment of Hallux Valgus P. Rippstein
09.35-9.50	Algorithm of treatment of Hallux Valgus (including conservative treatment) X. Martin
09.50-09.55	DSTP (distal soft tissue procedure) S. Parsons
09.55 - 10.05	Technique: distal osteotomies (Chevron, Akin) H. Trnka
10.05-10.15	Technique: Scarf osteotomy P. Rippstein
10.15-10.30	Overall: Results and Complications (and their prevention) A. Sakellariou
10.30-10.50	Discussion Panel
10.50-11.25	<i>Coffee and Exhibition</i>
11.25-12.30 11.25-11.40	Lesser Ray Pathology Biomechanics, Pathophysiology and Etiology of metatarsalgia T. Mittlmeier
11.40-11.50	Algorithm of treatment of metatarsalgia (conservative treatment and osteotomies) Y. Tourné
11-50-11.55	Technique: Weil Osteotomy. H. Trnka
11.55-12.05	Correction of lessertoed deformities S.Hofstätter
12.05-12.10	Technique: Soft tissue procedures and PIP resection/fusion P. Bock
12.10-12.20	Morton Neuroma A. Sakellariou

12.20- 13.45 12.20-12.30	First Ray Pathology: Hallux rigidus Pathophysiology and algorithm of treatment (including conservative treatment, resection arthroplasty, osteotomies, and prosthesis) X. Martin
12.30-12.35	Technique: Cheilectomy G.Ivanic
12.35-12.45	Preface and Technique: Arthrodesis(ball and socket and 2 flat surfaces) Y. Tourné
12.45-12.55	Results and Complications (and their prevention) H. Trnka
12.55-13.45	Cases shown during intake, now presented again. Discussion. Take home message. P. Bock
13:45-14:45	<i>Lunch and Exhibition</i>
14.45-17.40	SESSION III - HINDFOOT AND ANKLE
14.45-15.05	Degenerative Hindfoot and Ankle Pathology Pathophysiology and treatment algorithm (including conservative treatment) P. Rippstein
15.05-15.15	Preface and Technique: Subtalar Arthrodesis and Triple Arthrodesis S. Parsons
15.15-15.30	Preface and Technique: Ankle Arthrodesis (open and arthroscopic) T. Mittlmeier
15.30-15.40	Results and complications of ankle arthrodesis P. Bock
15.40-16.00	Ankle Replacement (Indications, Results, Complications) P. Rippstein
16.00-16.15	Discussion
16.15-16.45	Coffee break and Exhibition
16.45-17.40 16.45-17.05	Acquired flat foot deformity Pathophysiology and treatment algorithm of acquired flat foot in adult (Including conservative treatment) Y. Tourné
17.05-17:20	Technique: Osteotomies (sliding OT, calcaneal lengthening) and tendon transfers (FDL) G. Ivanic
17.20-17.40	Discussion
19:30	<i>Course Dinner</i>

SATURDAY 21 APRIL 2012

08:30- 09:50

SESSION IV - SPORTS MEDICINE

Ankle disorders

08.30-08.40

Acute supination trauma

S. Hofstätter

08.40-09.00

Chronic ankle/hindfoot instability (assessment, conservative treatment) and operative treatment of ankle instability (indications, results, complications)

Y. Tourné

09.00-09.05

Technique: anatomic repair and augmentation (and variations)

T. Mittlmeier

09.05-09.15

Painful ankle during sports activities including:

Ankle impingement (assessment, ant/post, algorithm)

G. Ivanic

09.15-09.25

OCD Lesions (classification, algorithm of treatment)

A. Sakellariou

09.25-09.40

Technique ankle arthroscopy: treatment of soft tissue/bony impingement, OC lesion (microfracturing)

X. Martin

09.40-09.50

Discussion

09.50-10.20

Coffee Break and Exhibition

10.20-11.30

Tendon, degenerative and sports pathologies

10.20-10.35

Acute Achilles tendon rupture: Repair/conservative treatment

T. Mittlmeier

10.35-10.45

Technique: Repair of acute rupture of Achilles tendon, percutaneous and open

S. Hofstätter

10.45-11.00

Achilles tendon: (peri) tendonitis, tendinopathy, Haglundexostosis (pathophysiology, surgical and conservative treatment)

S. Parsons

11.00-11.05

Technique: Insertional tendinopathy treatment / Haglundexostosis

A. Sakellariou

11.05-11.15

Peroneal tendon pathologies and treatment (Saltans and split)

X. Martin

11.15-11.25

Discussion

11.25-11.45

Short break

11:45-13.15

SESSION V - Paediatric and Miscellaneous Session

11.45-12.05

Juvenile Flat Foot including coalition

M. Stephens

12.05-12.15

Paediatric foot and ankle fractures

T. Mittlmeier

12.10- 12.30

Club foot: state of art

M. Stephens

12.30- 13.00

Discussion

13.00-13.05

15th EFAS Instructional Course, Porto, Portugal

13:05-13:10

Closing Remarks

13.10- 14.00

Light Lunch and Depart