

## 10<sup>TH</sup> EFAS INSTRUCTIONAL COURSE SCIENTIFIC PROGRAMME

### FRIDAY 13 JUNE 2008

07.30-08.30	Registration
08.30-08.45	Welcome Address <i>Ian G. Winson, EFAS President</i> <i>Yves Tourné, Local Chairman of the Course</i>
<b>08:45-09:15</b>	<b>SESSION I - GENERAL FOOT AND ANKLE</b>
08.45-9.15	Function and Examination of the Foot and Ankle <i>F. Faber</i>
<b>09.15-13.30</b>	<b>SESSION II - FOREFOOT</b> <i>Moderators: F. Faber and LS Barouk</i>
09.15-10.40	<b>First Ray Pathology: Hallux Valgus</b>
09.15-09.40	Pathophysiology and algorithm of treatment of Hallux Valgus (including conservative treatment) <i>M. Maestro</i>
09.40-09.50	Technique: distal osteotomy (Chevron, Akin) <i>H. Trnka</i>
09.50 - 09.55	Technique: DSTP (distal soft tissue procedure) <i>G. Rougereau</i>
09.55-10.05	Technique: proximal osteotomies (scarf, proximal osteotomy MTI) <i>M. Maestro</i>
10.05-10.20	Overall: Complications and Results <i>H. Trnka</i>
10.20-10.40	Discussion
10.40-11.10	<i>Coffee and Exhibition</i>
<b>11.10-12.50</b>	<b>Lesser Ray Pathology</b> <i>Moderators: M. Delmi and J.Y. Coillard</i>
11.10-11.40	Pathophysiology and algorithm of treatment of Metatarsalgia and toe deformities (Including conservative treatment) <i>J.L. Besse</i>
11.40-11.50	Technique: Soft tissue procedures and PIP resection/fusion <i>F. Faber</i>
11.50-11.55	Technique: Weil Osteotomy <i>Th. Leemrijse</i>
11.55-12.05	Bunionette deformity and digitus quintus superductus <i>H. Thermann</i>
12.05-12.15	Morton Neuroma <i>Th. Leemrijse</i>
12.15-12.50	Case presentations (Hallux valgus and lesser ray deformities) and discussion <i>A. Rochwerger</i>
<b>12.50-13.30</b>	<b>First Ray Pathology: Hallux rigidus</b> <i>Moderators: G. Rougereau and B. Baudet</i>
12.50-13.00	Pathophysiology and algorithm of treatment (including conservative treatment, resection arthroplasty, osteotomies, and prosthesis) <i>A. Rochwerger</i>

- 13.00-13.05      Technique: Cheilectomy  
*H. Thermann*
- 13.05-13.10      Technique: Fusion  
*F. Faber*
- 13.10-13.20      Complications and Results  
*H. Trnka*
- 13.20-13.30      Discussion  
**13:30-14:30**      *Lunch and Exhibition*
- 14.30-17.30**      **SESSION III - HINDFOOT AND ANKLE**  
*Moderators: J.W. Louwerens and J.C. Vogt*
- 14.30-15.00      **Degenerative Hindfoot and Ankle Pathology**  
Pathophysiology and treatment algorithm (including conservative treatment)  
*H. Thermann*
- 15.00-15.15      Technique: Subtalar Arthrodesis and Triple Arthrodesis  
*H. Trnka*
- 15.15-15.25      Technique: Ankle Arthrodesis (open and Arthroscopic)  
*M. Richter*
- 15.25-15.35      Ankle Replacement (Indications, Results, Complications)  
*Th. Leemrijse*
- 15.35-15.55**      **Cavovarus Foot**  
Pathophysiology and treatment algorithm of cavovarus foot deformity  
(Including conservative treatment)  
*Th. Leemrijse*
- 15.55-16.05      Discussion  
**16.05-16.40**      *Coffee Break and Exhibition*
- 16.40-17:30**      **Degenerative flat foot**  
*Moderators: H. Trnka and P. Diebold*
- 16.40-17.00      Pathophysiology and treatment algorithm of degenerative flat foot (Including  
conservative treatment)  
*M. Delmi*
- 17.00-17.15      Technique: Osteotomies (sliding OT, calcaneal lengthening) and tendon transfers  
(FDL)  
*H. Trnka*
- 17.15-17.30      Discussion  
**20.30**      *Course Dinner at Musée d'Art Contemporain, Lyon*

**SATURDAY 14 JUNE 2007**

- 08:30- 09:50**      **SESSION IV - SPORTS MEDICINE**  
*Moderators: I. Winson and E. Toullec*
- 08.30-08.40      **Ankle disorders**  
Acute supination trauma  
*G. Rougereau*
- 08.40-09.00      Chronic ankle/hindfoot instability (assessment, conservative treatment) and  
operative treatment Ankle Instability (indications, results, complications)  
*Y. Tourné*
- 09.00-09.05      Technique: anatomic repair  
*M. Delmi*
- 09.05-09.15      Ankle impingement (assessment, ant/post, algorithm )  
*F. Faber*

09.15-09.25	OCD Lesions (classification, algorithm of treatment) <b>H. Thermann</b>
09.25-09.40	Technique ankle arthroscopy: treatment impingement, removal of spur, OCD lesion (microfracturing) <b>Y. Tourné</b>
09.40-09.50 09.50-10.20	Discussion <i>Coffee Break and Exhibition</i>
<b>10.20-11.30</b>	<b>Tendon, degenerative and sports pathologies</b> <i>Moderators: M. Richter and B. Ferré</i>
10.20-10.35	Acute Achilles tendon rupture: Repair/conservative treatment <b>M. Delmi</b>
10.35-10.45	Technique: Repair of acute rupture of Achilles tendon, percutaneous and open <b>M. Delmi</b>
10.45-11.00	Achilles tendon: (peri) tendonitis, tendinosis, Haglund exostosis (pathophysiology, surgical and conservative treatment) <b>J.L. Besse</b>
11.00-11.05	Technique: Insertional tendinitis treatment / Haglund exostosis <b>F. Faber</b>
11.05-11.15	Peroneal tendon Pathologies and treatment (Saltans and split) <b>Y. Tourné</b>
11.15-11.20	Plantar fasciitis <b>M. Maestro</b>
11.20-11.30	Discussion
<b>11:30-12:50</b>	<b>SESSION V - TRAUMA</b> <i>Moderators: H. Thermann and W. Graff</i>
	<b>Fractures</b>
11.30-11.35	Principles of management in trauma of the Foot and Ankle <b>M. Richter</b>
11.35-11.50	Ankle fractures <b>Y. Tourné</b>
11.50-12.00	Pilon fractures <b>M. Richter</b>
12.00-12.10	Talar fractures <b>A. Rochwergger</b>
12.10-12.20	Calcaneus fractures (principles of management) <b>M. Richter</b>
12.20-12.30	Lisfranc injuries (assessment, treatment) <b>J.L. Besse</b>
12.30-12.40	Compartment syndrome in the foot (assessment, management) <b>M. Richter</b>
12.40-12.50	Discussion
12.50-12.55 12.55-13.00	11 <sup>th</sup> EFAS Instructional Course in Italy 8 <sup>th</sup> EFAS Congress in Portugal
13.00-13.05	Closing Remarks
13.05	<i>Lunch and depart</i>