

SCIENTIFIC PROGRAMME

THURSDAY 16TH OCTOBER 2008

- 07.00** **Registration**
- 08.00** **Opening Ceremony**
Ian Winson, EFAS President
Andre Gomes, President, Portuguese Foot and Ankle Society
- SESSION 1** **SYMPOSIUM – Sports Surgery**
Joint Chair: Ian Winson (UK) and Markus Walther (Germany)
- 08.10 **Ankle Arthroscopy in the Treatment of Sports Injuries**
Paulo Amado (Portugal)
- 08.30 **Minimally Invasive Sports Surgery in the Foot**
Niek van Dijk (The Netherlands)
- 08.50 **Bony Sports Injuries of the Foot & Ankle**
Mark Davies (UK)
- 09.10 **Discussion / Questions to the panel**
- SESSION 2** **FREE PAPERS – Sports Injuries**
Joint Chair: Antonio Dalmau (Spain) and Yves Tourné (France)
- 09:20 Speed return-to-play after Achilles tendon acute rupture in recreational vs professional athletes.
M. Monteagudo (Spain)
- 09:30 Repair of talus osteochondral defects with a new porous synthetic polymer scaffold
F.V. Sciarretta (Italy)
- 09:40 Treatment of Achilles tendon rupture using a limited open repair and the Achillon suture system
N. Borralho (Portugal)
- 09:50 Laterality in ankle sprains
A. Mioduszeowski (Poland)
- 10:00 Arthroscopic ankle debridement for anterolateral impingement syndrome: A prospective study
S. Ng (Singapore)
- 10:10 Haglund heel symptomaic in high performance volleyball
M. Vohrer (Germany)
- 10.20 – 10:50** **Coffee Break and Exhibition**
- SESSION 3** **SYMPOSIUM – Minimally Invasive Treatment of Hindfoot Arthritis**
Joint Chair: Thierry Judet (France) and Marco Guelfi (Italy)
- 10:50 **What are the Alternatives to Fusion?**
Victor Valderrabano (Switzerland)
- 11:10 **Arthroscopic Ankle Arthrodesis**
David Redfern (UK)
- 11:30 **The Triple Joint Complex**
Ian Winson (UK)
- 11:50 **Discussion / Questions to the panel**

SESSION 4**FREE PAPERS – Minimally Invasive Surgery**

Joint Chair: Fernando Alvarez (Spain) and Manuel Azerdo Pais (Portugal)

- 12:00 Endoscopic treatment of haglund's deformity
B. Magnan (Italy)
- 12:10 Percutaneous treatment of hallux valgus by the Bösch-Magnan technique
A. Peinado (Spain)
- 12:20 Local phenol injection in the treatment of interdigital neuritis of the foot (morton's neuroma)
B. Magnan (Italy)
- 12:30 Treatment of Hallux Valgus using mini-chevron: prospective follow-up of 172 feet
L. Hicham (France)
- 12:40 Minimally invasive tenorrhaphy with Tenolig in the treatment of subcutaneous lesion calcaneal tendon
G. Manfredini (Italy)

12:50 – 14.15

Lunch and Industry Workshops**SESSION 5****FREE PAPERS – Forefoot Reconstruction**

Joint Chair: Ernst Orthner (Austria) and Marino Delmi (Switzerland)

- 14:15 Evaluation of postoperative satisfaction and radiological results after hallux valgus surgery
G. Kaufmann (Austria)
- 14:25 Joint preserving surgery in Rheumatoid forefoot, a more than 2 years follow up study
L.S. Barouk (France)
- 14:35 Use of axial mini-fixator in the treatment of congenital brachymetatarsia: our experience
I. Bagnoli (Italy)
- 14:45 Morton's Neuroma – Diagnosis and management: A review of 186 patients
A. Shah (UK)
- 14:55 Long-term results in the treatment of Hallux rigidus with the Bioaction implant
M. Schmidt (Germany)
- 15:05 Use of external fixator in different foot and ankle conditions
M. Schmidt (Germany)

15.15 – 15.45

Coffee Break and Poster Exhibition**SESSION 6****POSTER SESSION***

Chair: Jean-Luc Besse (France)

**This session will involve 10 x 4 min presentations of the top 10 posters*

- 15.45-15:49 Definition of standard pedographic patterns for typical pathologies on the basis of 461 patients
M. Richter (Germany)
- 15.49-15:53 Percutaneous proximal interphalangeal joint fusion of the lesser toes
B. Magnan (Italy)
- 15.53-15:57 A new approach for the lateral release of the metatarso-sesamoidal phalangeal complex in the hallux
J. Asuncion (Spain)
- 15.57-16:01 Rigid hallux valgus correction to reduce detrimental plantar pressures causing a recurrent ulcer
G. Matricali (Italy)

- 16.01-16.05 Hallux valgus surgery for outpatient
S. Inokuchi (Japan)
- 16.05-16.09 Percutaneous repair of acute achilles tendon tears: comparison of three techniques
B. Magnan (Italy)
- 16.09-16.13 TOPAZ Radiofrequency treatment for plantar fasciitis: A prospective study showing early results
S. Ng (Singapore)
- 16.13-16.17 Subtalar dislocations: 6 cases report
A.P. França (Portugal)
- 16.17-16.21 Quantitative ultrasound of leg and foot muscles: feasibility and reference values
A. Leeuwesteijn (The Netherlands)
- 16.21-16.25 Is a plaster cast necessary after a Lapidus type tarsometatarsal arthrodesis?
D. Singh (UK)

18:30 ***Welcome Reception, Tivoli Marina Hotel***

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FRIDAY 17TH OCTOBER

SESSION 7 **SYMPOSIUM – Problem Case Conference**
Joint Chair - Patrick Laing (UK) and Jan-Willem Louwerens (The Netherlands)

- 08.30 **The Neuropathic Foot**
Hans Jörg Trnka (Austria)
- 08.50 **The Diabetic Foot**
Francesco Ceccarelli (Italy)
- 09.10 **Foot & Ankle Tumours**
Stephen Parsons (UK)
- 09.30 **The Paediatric Flatfoot: Indications for Surgery**
Antonio Viladot (Spain)
- 09.50 **Discussion of cases / Questions to the panel**

SESSION 8 **FREE PAPERS – Basic Science**
Joint Chair: Victor Valderrabano (Switzerland) and Alberto Leardini (Italy)

- 10:00 Computer Assisted Surgery in Subtalar Arthrodesis – A Cadaveric Study
N. Cooperman (USA)
- 10:10 Hypermobility of the first ray: evaluation in the sagittal plane compared to 45 degrees
C. Biz (Italy)
- 10:20 Dynamic foot geometry in healthy subjects and patients with claw toe deformity
N. Stolwijk (The Netherlands)
- 10:30 Pressure profile changes after cartilage biopsy at the postero-medial rim of the talar dome
G. Matricali (Belgium)
- 10:40 Insoles effectively but not specifically influence plantar pressure distribution.
N. Stolwijk (The Netherlands)
- 10:50 Plantar pressure pattern can predict foot complaints
N. Keijsers (The Netherlands)

11.00–11.20	Coffee and Exhibition
SESSION 9	EFAS GENERAL ASSEMBLY
11.20	General Assembly
12.30 – 14.00	Lunch and Industry Workshops
SESSION 10	SYMPOSIUM – Ankle Replacement <i>Joint Chair: Hakon Kofoed (Denmark) and Greta Dereymaeker (Belgium)</i>
14.00	Problem Cases in Ankle Replacement <i>Kees Doets (The Netherlands)</i>
14.20	To Replace or Fuse the Ankle? <i>Paul Cooke (UK)</i>
14.40	Biomechanics in Total Ankle Replacement <i>Sandro Giannini (Italy)</i>
15.00	Discussion / Questions to the panel
SESSION 11	FREE PAPERS – Basic Science <i>Joint Chair: Joe Asencio (France) and Marek Napiontek (Poland)</i>
15.10	Static foot geometry is affected by insoles <i>N. Keijsers (The Netherlands)</i>
15.20	Correlation of quantified CT imaging with clinical outcomes in heel fractures <i>B. Magnan (Italy)</i>
15:30	Reconstructive foot / ankle surgery improves pathologic pedographic findings at 3- months-follow-up <i>M. Richter (Germany)</i>
15.40	High inter-specimen variability of baseline data for the tibio-talar contact area <i>G. Matricali (Belgium)</i>
15.50	Changes in contact area characteristics after cartilage biopsy at the postero-medial talar dome rim <i>G. Matricali (Belgium)</i>
16.00 – 16.20	Coffee and Exhibition
SESSION 12	FREE PAPERS - Hindfoot <i>Joint Chair: Michael Stephens (Ireland) and Barbara Jasiewicz (Poland)</i>
16.20	Tibiototalcaneal arthrodesis with a purpose designed, curved, interlocking, intramedullary nail <i>V. Budnar (UK)</i>
16.30	Management of mild-to-moderate cavus and claw foot deformity in children and adolescents <i>M. Vlachou (Greece)</i>
16.40	Arthroscopic ankle fusion: technique and the learning curve <i>J. Melton (UK)</i>
16.50	Treatment of the neuromuscular planovalgus deformity with the combined Batchelor-Grice technique <i>M. Vlachou (Greece)</i>

- 17.00-17.30 **The Presidents Lecture**
- 17.30 -17.45 **The Presidents Farewell and Inauguration of New President**
- 19:30 **Congress Dinner at Alte**
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SATURDAY 18TH OCTOBER 2008

SESSION 13 SYMPOSIUM – The Forefoot
Joint Chair: Bart Swierstra (The Netherlands) and Patrice Diebold (France)

- 08.00 **Minimally Invasive Surgery in the Forefoot**
Bruno Magnan (Italy)
- 08.20 **The Case for Joint Replacement in the Forefoot**
Renée Fuhrmann (Germany)
- 08.40 **The Case Against Joint Replacement in the Forefoot**
Michel Maestro (France)
- 09.00 **Discussion / Questions to the panel**

SESSION 14 FREE PAPERS – The Forefoot
Joint Chair: Per-Henrik Ågren (Sweden) and Antonio Torres (Portugal)

- 09.10 Clinical practice guideline in metatarsalgia. Experience on 150 cases of complex forefoot reconstruction
M. Monteagudo (Spain)
- 09.20 Gauthier's osteotomy versus joint debridement with dorsal osteophyte excision.
H. Pereira (Portugal)
- 09.30 The Watermann Green Procedure in Hallux rigidus, long term results
M. Schmidt (Germany)
- 09.40 Normal values of metatarsal protrusion in male and female feet
G. Dominguez (Spain)
- 09.50 Long term results after SCARF osteotomy for correction of hallux valgus deformity
P. Bock (Austria)
- 10.00 Uncemented Ceramic on Ceramic First Metatarsophalangeal Joint Arthroplasty
A. Nisar (UK)

10.00-10.20 Coffee and Exhibition

SESSION 15 SYMPOSIUM: Foot & Ankle Trauma
Joint Chair: Xavier Martin (Spain) and Steve Hepple (UK)

- 10:20 **Fractures of the Talus**
Andy Sands (USA)
- 10.40 **Computer guided Trauma Surgery**
Martinus Richter (Germany)
- 11.00 **Open versus Minimally Invasive Reconstruction of Calcaneal Fractures**
Les Grujic (Australia)
- 11.20 **Discussion / Questions to the panel**

SESSION 16

FREE PAPERS: Foot & Ankle Trauma

Joint Chair: Thanos Badekas (Greece) and Serpa Oliva (Portugal)

- 11.30 Physical examination of the foot and ankle by orthopaedic and accident and emergency clinicians
A. Roche (UK)
- 11.40 Lisfranc fracture-dislocations mini-invasive treatment
R. Bevoni (Italy)
- 11.50 Comparison of treatment methods for calcaneal fractures – ORIF vs Ilizarov technique
S. Galanakos (Greece)
- 12.00 Tibial pilon fractures – internal fixation compared to the Ilizarov method
C. Panayi (Greece)
- 12.10 Displaced intra-articular fractures of the calcaneal bone: clinical and radiological studies
G. Manfredini (Italy)
- 12.20 Displaced talar neck fractures in multi trauma patients
C. Simoes (Portugal)
- 12.30 *Closing Ceremony***
- 12.35 Light Lunch and Depart (EFAS Golf Tournament and afternoon tour)**